

# *the* **Improper** *Bostonian*

## **BODY & MIND**

8.20.18



Peter Vanderwarker photo

**WALK IT OFF** Roam the labyrinth at Armenian Heritage Park on Aug 23.

**UNDER THE AUGUST MOON.** Armenian Heritage Park. Meditate while walking the winding labyrinth path and then enjoy ice teas and bites and live music from the Berklee All-Star Trio