



June 4, 2020

DAVID ALEKSANYAN, OWNER OF ARSENAL CATERING GROUP, DEMONSTRATING ARMENIAN DISHES FOR CELEBRATING WHAT UNITES US! SERIES, A VIRTUAL PROGRAM OF ARMENIAN HERITAGE PARK



The virtual Celebrating What Unites Us! Cooking with OLDWAYS & Chefs series on Friday, June 12 at 10am via ZOOM presents David Aleksanyan, owner of Arsenal Catering Group, demonstrating Armenian dishes using whole grains, fruits, vegetables, beans, herbs, spices, nuts and healthy fats such as olive oil, the focus of the series. For the link to register, email hello@ArmenianHeritagePark.org

This virtual cooking series, a collaboration of Age-Friendly Boston, OLDWAYS (a food and nutrition nonprofit) and Friends of Armenian Heritage Park on The Greenway, is being offered during the COVID-19 pandemic to keep people connected, coming together.

Celebrating What Unites Us! series was launched two years ago to celebrate the immigrant experience while building community and cross-cultural understanding. and promoting healthy and active living – an exciting collaboration of Age-Friendly Boston, The KITCHEN at Boston Public Market and Friends of Armenian Heritage Park. Each month highlighted the cultural heritage of many residents of the City of Boston and beyond. All first met at Armenian Heritage Park on The Greenway where a community leader shared his/her immigrant experience. Many walked the Labyrinth. Then walked to The KITCHEN at the Boston Public Market where a chef prepared a signature dish for all to enjoy for lunch and conversation, supported by Blue Cross Blue Shield of Massachusetts.